



The Laurels
PRIMARY SCHOOL

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Dear Parents/Carers

Our PSHE & SRE Programme in Year 5

Sex and Relationship Education (SRE) is an important part of the PSHE curriculum (Personal, Social and Health Education). We will be teaching lessons about SRE in the Spring term which will include topics such as puberty and building good relationships. During the lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked personal information.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from other parts of SRE, if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn from lessons, pupils discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

Yours sincerely

Mr L Alderton
Year 5 Teacher