



**The Laurels**  
PRIMARY SCHOOL

Winterbourne Way  
West Durrington  
Worthing  
West Sussex  
BN13 3QH  
t 01903 830901  
e office@laurelsprimary.co.uk  
w www.laurelsprimary.co.uk  
**Headteacher: Charlotte Bull**

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Dear parent/carer,

### **Home learning during school closure**

Every child should now have their home learning pack with an activity book and their user details for Google Classroom.

We have also collated web content to support you and your child:

<https://laurelsprimary.co.uk/website-links/> will take you to websites for all pupils as well as more specific weblinks for Early Years, Key Stage 1, Key Stage 2 and Year 6. You can also access the links by going to our school website, clicking the students tab, clicking 'learning at home' then 'website links'.

### **Talking to children about coronavirus.**

If your child is asking questions about coronavirus and you're not sure how to answer, here is some advice to help you:

Child-friendly explanation of Coronavirus for Primary age students:

[https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685\\_319c5acf38d34604b537ac9fae37fc80.pdf](https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_319c5acf38d34604b537ac9fae37fc80.pdf)

How to talk to your child about coronavirus, by Unicef:

<https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19>

The Flourishing Families Clinic at NHS Sussex Partnership have links at the bottom of this page: <https://www.sussexpartnership.nhs.uk/coronavirus-covid-19>

Kind regards,

Charlotte Bull  
Headteacher



## Helping children cope with stress during the 2019-nCoV outbreak



Children may respond to stress in different ways such as being more clingy, anxious, withdrawing, angry or agitated, bedwetting etc.

Respond to your child's reactions in a supportive way, listen to their concerns and give them extra love and attention.

Children need adults' love and attention during difficult times. Give them extra time and attention.

Remember to listen to your children, speak kindly and reassure them.

If possible, make opportunities for the child to play and relax.



Try and keep children close to their parents and family and avoid separating children and their caregivers to the extent possible. If separation occurs (e.g. hospitalization) ensure regular contact (e.g. via phone) and re-assurance.

Keep to regular routines and schedules as much as possible, or help create new ones in a new environment, including school/learning as well as time for safely playing and relaxing.



Provide facts about what has happened, explain what is going on now and give them clear information about how to reduce their risk of being infected by the disease in words that they can understand depending on their age.

This also includes providing information about what could happen in a re-assuring way (e.g. a family member and/or the child may start not feeling well and may have to go to the hospital for some time so doctors can help them feel better).