



**The Laurels**  
PRIMARY SCHOOL

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**Headteacher: Charlotte Bull**

CBU/mwa

29 January 2021

Dear Parents and Carers,

Please find attached some information about our exciting new Laurels Resilience Badge which we discussed in assembly on Friday afternoon.

There will be three badges to collect - one for each of our school values - (we are) *resilient, responsible and reflective*. We are going to focus on the resilience badge until half term and we will start the other two badges after that.

However, the children will be able to achieve the badges at any time. All that our children have to do is complete three of the tasks and email a record/photo/video of each task to the school office, the tasks will be reviewed and each child will receive their badge! We would appreciate all three tasks submitted as one email as this will help us to help us keep track of the activities.

This is an entirely optional activity to go alongside home learning, but we hope your child will take part and wear their metal badge(s) with pride when we return to the school building together.

We look forward to seeing you next week for Wellbeing Week. There will be a special assembly with Miss Pinney for Reception/Key Stage 1 at 10.00am and Key Stage 2 (Years 3-6) at 10.30am to kick start the week.

As ever, if you have any questions or concerns, please do not hesitate to contact us by telephone (01903) 830901 or office@laurelsprimary.co.uk

Kind regards

**Miss C Bull**  
**Headteacher**



## Succeed with The Laurels Resilience Badge!

Can you achieve three tasks which will help you develop our value of resilience?

- Do something hard for the first time
- Practise daily
- Have moments when you want to give up but don't allow yourself to
- Find a new passion or skill

Cook a new recipe and take a photo	Learn to play an instrument	Learn a board games such as chess or draughts	Learn a new sport or skill e.g. hula hoop or calligraphy
Read a challenging book (at your level) to the end and complete the quiz	Learn this <a href="#">body percussion song</a> and send us a video	Complete a puzzle such as a jigsaw or sudoku	Grow a plant from a seed or cutting
Make a presentation about a famous person who experienced setbacks	Tell us about a time when you wanted to give up but carried on going	Perform a dance after practising the moves	Improve your score on spelling shed by practising daily
Plan how to reach a goal using <a href="#">the resilience ladder</a> .	Be brave - try something new you have never done before.	Improve your score or time in a sport over 2 weeks	Create a picture of all the people who care about you

All you have to do is complete three tasks and show us what you have done by taking a photograph or video and send it to the school office [office@laurelsprimary.co.uk](mailto:office@laurelsprimary.co.uk).

**We will review your tasks and you may be one of our first pupils to earn your resilience badge!**