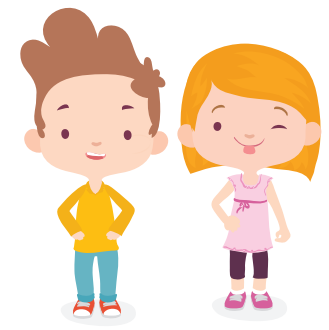




# The Road to School



Even if your child has been at nursery or pre-school for a while, the leap to 'Big School' can feel like a challenge. Teachers from a group of local schools and pre-schools (*see logos below*) have come together to create this 'Road to School' and hope that you enjoy completing it with your child.

## How can you help?

There are a number of key skills that will help your child to manage some of the situations they will face during a normal school day. The following statements are a guide to the kind of skills you can help your child develop before they start school in September. Every child is different and we wouldn't expect all children to be able to do all of these things; but using this guide will help you understand where your child might need additional support, which areas you can work on and which areas you may need to talk through with your child's new teacher.

### EATING

- I can use a knife and fork.
- I can recognise my own lunchbox.
- I can open my packed lunch.
- I will have a go at peeling a piece of fruit.

### SHARING AND TURN TAKING

- I can share toys and take turns.
- I like playing games with others.
- I can interact with other children.

### ROUTINES

- I have practised putting on my uniform and getting ready to leave on time.
- I have a good bedtime routine so I'm not feeling tired for school.

### GETTING DRESSED AND UNDRESSED

- I can recognise my name on my clothes.
- I can put my own shoes and socks on.
- I can change into my PE kit and put my coat on.

### SELF-CARE

- I know how to wash my hands.
- I can wipe my nose.
- I can ask for help if I don't feel well.

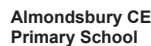
### GOING TO THE TOILET

- I can go to the toilet on my own.
- I can wipe myself and flush.
- I can wash and dry my hands.

### SELF-CONFIDENCE

- I can say goodbye to my mummy, daddy or my main carer.
- I can tidy my belongings and look after my things.
- I know I can ask an adult for help.

We have chosen six key skills for your child to focus on between now and September. These can be found on your child's 'Road to School' chart.



# THE ROAD TO SCHOOL



My Name is:

.....

I visited my new school and met my teacher.



I practised going to the toilet and washing my hands by myself.

I have shared a book with a grown up.



I practised using a knife and fork to eat my food.

I practised putting on my school uniform and shoes by myself.



I have drawn a picture for my new teacher.



## Things I need for starting school:

- |            |                          |                   |                          |              |                          |
|------------|--------------------------|-------------------|--------------------------|--------------|--------------------------|
| My bookbag | <input type="checkbox"/> | My water bottle   | <input type="checkbox"/> | My wellies   | <input type="checkbox"/> |
| My PE bag  | <input type="checkbox"/> | My school uniform | <input type="checkbox"/> | My big smile | <input type="checkbox"/> |

When you complete a goal, colour in the smiley face! Or, you might like to use it as a sticker chart, adding a sticker for each completed goal.