

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

MAIN MEAL



OPTION 1

OPTION 2

HALAL

VEGGIES



PASTA



FILLED ROLLS



Cheese & Bean Lasagne



Margherita Pizza & Wedges



Vegan Lentil & Stuffing Pastry Roll



BBQ Quorn & Peppers & Rice



Vegan Vegetable Nuggets & Chips



Sticky Chinese Chicken & Vegetable Rice

Traditional Creamy Beef Lasagne



Roast Gammon with Roast Potatoes & Gravy

Chicken in a Katsu Curry Sauce & Rice



MSC Approved Fish Fingers & Chips

Halal Sticky Chinese Chicken & Vegetable Rice

Traditional Creamy Halal Beef Lasagne



Halal Roast Chicken with Roast Potatoes & Gravy

Halal Chicken in a Katsu Curry Sauce & Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



Cheese Sauce



House Tomato Sauce



Cheese Sauce



House Tomato Sauce



Creamy Pesto



Cheese Halal Chicken

Egg Halal Chicken

Cheese Halal Chicken

Tuna Mayo Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

OPTION 1

1

OPTION 2

2

HALAL

MAIN MEAL



VEGGIES



PASTA



FILLED ROLLS



Margherita Pizza & Wedges



Vegan Sausage & Mashed Potatoes & Gravy



Vegan Cottage Pie & Gravy



Cheesy Cauliflower Pasta Bake



Tex-Mex Vegetable Fajita Wrap



MSC Approved Salmon Pasta Bake



Pork & Beef Sausage, Mashed Potatoes & Gravy

Roast Turkey with Roast Potatoes & Gravy

Mild Caribbean Chicken Curry & Carrot Rice



MSC Approved Fish & Chips

MSC Approved Salmon Pasta Bake



Halal Chicken & Beef Sausage, Mashed Potatoes & Gravy

Halal Roast Turkey with Roast Potatoes & Gravy

Mild Caribbean Halal Chicken Curry & Carrot Rice



MSC Approved Fish & Chips

Peas



Carrot & Peas



Broccoli & Cauliflower



Carrot & Mixed Salad



Baked Beans



Cheese Sauce



House Tomato Sauce



Cheese Sauce



House Tomato Sauce



Creamy Pesto



Tuna Mayo Cheese

Egg Halal Chicken

Cheese Halal Chicken

Tuna Mayo Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Mousse



Oaty Apple Crumble & Custard



Original Flapjack



Chocolate & Carrot Muffin



Raspberry Jelly & Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY





























Nutritionist's Choice

Vegetarian

Vegan


Added Wholewheat






|   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|---|--|--|--|
| <b>OPTION 1</b>   | Mixed Vegetable & Bean Fajita & Oven Baked Wedges   | Vegan Bolognese Ragu Penne Pasta   | Vegan Roast Quorn Fillet with Roast Potatoes & Gravy  | Baked Creamy Mac 'N' Cheese               | Vegan Sausage Roll & Chips  |
| <b>OPTION 2</b>   | Quorn Dippers with Oven Baked Wedges & Tomato Ketchup    | Beef Bolognese Penne Pasta         | Roast Chicken with Roast Potatoes & Gravy  | Creamy Chicken Curry & Carrot Rice        | MSC Approved Fish Fingers & Chips  |
| <b>HALAL</b>  | Quorn Dippers with Oven Baked Wedges & Tomato Ketchup    | Halal Beef Bolognese Penne Pasta   | Halal Roast Chicken with Roast Potatoes & Gravy  | Creamy Halal Chicken Curry & Carrot Rice  | MSC Approved Fish Fingers & Chips  |
| <b>VEGGIES</b>         | Peas & Carrots   | Sweetcorn   | Broccoli & Peas                                       | Carrot & Mixed Salad                      | Beans                       |
| <b>PASTA</b>           | House Tomato Sauce   | Cheese Sauce    | House Tomato Sauce                                    | Cheese Sauce                              | Creamy Pesto                |
| <b>FILLED ROLLS</b>  | Tuna Mayo Cheese  | Egg Halal Chicken   | Cheese Halal Chicken   | Tuna Mayo Cheese   | Egg Cheese   |


**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

**SWEET TREATS** 

Strawberry Yoghurt & Strawberry Sauce 

Mixed Berry & Apple Crumble with Custard  

Orange Jelly & Mandarins 

Gingerbread Squares with Custard 

Garden Brownie  

Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

